



2020

The nutrition programs are for low/no income households. By signing the form, you certify that your household income does not exceed the income guidelines.

P = Pajaro

Pajaro Library

29 Bishop Street - 9:30 - 10:30 a.m.

PRN = Prunedale

Prunedale Grange

17890 Moro Road - 9:00 - 10:00 a.m.

Los programas de nutrición son para hogares de bajos ingresos. Al firmar la forma, certifica que su ingreso mensual no exceda la guía de EFAP.

C = Castroville

Our Lady of Refuge Church

11140 Preston Street - 9:30 - 10:30 a.m.

January/Enero						
S	M	T	W	TH	F	S
			Holiday	P C	3	4
5	6	7	PRN	9	10	11
12	13	14	15	16	17	18
19	Holiday	21	22	23	24	25
26	27	28	29	30	31	

February/Febrero						
S	M	T	W	TH	F	S
						1
2	3	4	PRN	P C	7	8
9	10	11	12	13	14	15
16	Holiday	18	19	20	21	22
23	24	25	26	27	28	29

March/Marzo						
S	M	T	W	TH	F	S
1	2	3	PRN	P C	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	29
29	30	31				

April/Abril						
S	M	T	W	TH	F	S
			PRN	P C	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

May/Mayo						
S	M	T	W	TH	F	S
					1	2
3	4	5	PRN	P C	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	Holiday	26	27	28	29	30
31						

June/Junio						
S	M	T	W	TH	F	S
	1	2	PRN	P C	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

July/Julio						
S	M	T	W	TH	F	S
			PRN	P C	3	Holiday
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

August/Agosto						
S	M	T	W	TH	F	S
						1
2	3	4	PRN	P C	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

September/Septiembre						
S	M	T	W	TH	F	S
		1	PRN	P C	4	5
6	Holiday	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

October/Octubre						
S	M	T	W	TH	F	S
				P C	2	3
4	5	6	PRN	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

November/Noviembre						
S	M	T	W	TH	F	S
1	2	3	PRN	P C	6	7
8	9	10	Holiday	12	13	14
15	16	17	18	19	20	21
22	23	24	25	Holiday	Holiday	28
29	30					

December/Diciembre						
S	M	T	W	TH	F	S
		1	PRN	P C	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	Holiday	26
27	28	29	30	31		

For more information please contact the Food Bank for Monterey County (831) 758-1523, www.foodbankformontereycounty.org, or call 211

Para mas informacion por favor llame al Food Bank for Monterey County (831) 758-1523, www.foodbankformontereycounty.org, o llamar al 211